

# **STAR TRAC®** **Trail Hiker**



## MEET THE CALORIE KILLER

The Trail Hiker is taking reliability, performance and safety to a higher level. Designed with dual ramping decks that provide an incline to flat step pattern and movement arms for total body engagement. The dynamic movement arms also give users the feeling of outdoor hiking with trekking poles. Our design moves the treadsles with proven, safe, conventional technologies, not hydraulics, and it has been rigorously tested to ensure durability. The Trail Hiker gives you quality and peace of mind, while giving your members a workout that is easy on the knees, ankles and joints – but tough on calories.

[corehealthandfitness.com](http://corehealthandfitness.com)

## FEATURES



BURN TWICE THE CALORIES OF A STANDARD FLAT TREADMILL WITH LESS PERCEIVED EFFORT



USER DEFINED DUAL RAMPING DECKS PROVIDE AN INCLINE TO FLAT STEP PATTERN



DYNAMIC MOVEMENT ARMS GIVE USERS THE FEELING OF OUTDOOR HIKING WITH TREKKING POLES



INCLUDES THE LCD VERSION OF THE NEW OPENHUB™ FAMILY OF CONSOLES

# BRING HIKING INDOORS



Hiking is one of the most popular fitness activities in the world and it continues to build momentum due to its simplicity and numerous health benefits. The Trail Hiker brings the motions and benefits of hiking indoors. It allows you to gradually increase the challenge of walking without any comfort drawbacks, only proven results. We're talking about a high-burn, low-impact workout that burns 2x more calories than walking the same speed on a flat treadmill.

## OPENHUB™ LCD CONSOLE FEATURES



		LCD SCREEN
FEATURES	BLUETOOTH	●
	ANT+	●
	USB PORT	●
	HDMI PORT	○
	PERSONAL FAN	●
	INTEGRATED SERVICE LIGHT	●
	ECOFIT	○
	800/900mHz RECEIVER	○
	IPTV	○
	ADD-ON PERSONAL VIEWING SCREEN 	○

● INCLUDED ○ OPTIONAL

## BUILD ON GREATNESS

At **Core Health & Fitness** we aim to provide our partners a foundation backed by the strongest brands in the industry. Four iconic brands that pioneered entire categories, and whose machines are still the ones **members ask for by name**. Today, we're committed building on that legacy by providing the best products and programs in every category – and that's greatness you can feel good about building on.



**CORE HEALTH & FITNESS**