



Leg/Calf Press



FITNESS LINE
COMMERCIAL
PARAMOUNT SERIES

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FS-51 LEG/CALF PRESS

Key Features:

- Low-profile design and ergonomically-positioned handles for easy entry and exit
- Contoured back pad provides low back support throughout the entire range of motion
- Oversized, non-skid foot platform for exercise variation
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

71" L x 41" W x 65" H / 180 cm x 104 cm x 165 cm

Product Weight

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	500 lbs / 227 kg	580 lbs / 263 kg



FS-50 Leg Extension/Leg Curl



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FS-50 LEG EXTENSION/SEATED LEG CURL

Key Features:

- 5-position back pad and 6-position leg curl thigh pad to accommodate a wide range of users
- Five starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- Self-adjusting ankle pad eliminates the need for an adjustment while providing proper support throughout the entire range of motion
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

63" L x 43" W x 57" H / 160 cm x 109 cm x 145 cm

Product Weight

Weight Stack Options: 170 lbs / 77 kg 250 lbs / 113 kg



Pec Fly/Rear Delt



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FS-55 PEC FLY/REAR DELT

Key Features:

- 6-position seat assembly accommodates users of all sizes
- 7-position arm adjustment provides full range of motion for both Pectoral Fly and Rear Deltoid exercises
- Dual-position handles with angled pivot accommodates a wide range of users and replicates fluid dumbbell movements
- Conveniently located weight stack provides easy access and minimizes floor space requirements
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

60" L x 56" W x 73" H / 152 cm x 142 cm x 185 cm

Product Weight

Weight Stack Options:	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight:	468 lbs / 212 kg	548 lbs / 249 kg



Lat Pulldown/Seated Row



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FS-53 LAT PULL DOWN/SEATED ROW

Key Features:

- 8-position thigh pad easily adjusts to accommodate a wide range of users
- Dual-foot platforms provide support and encourages proper alignment during Seated Row exercise
- Rubber-coated lat bar and row handle for added comfort
- Large, easy-to-read instruction labels with QR codes linked to online instructional online videos

Product Dimensions

77" L x 48" W x 84" H / 196 cm x 122 cm x 213 cm

Product Weight

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	479 lbs / 217 kg	559 lbs / 254 kg



Multi-Press



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FS-54 MULTI-PRESS

Key Features:

- 4-position seat and back pad assembly easily adjusts for Supine, 25 and 45 degree Incline, and Shoulder Press movements
- 5-position arm allows users to choose the range of motion best suited to their individual needs
- Dual-hand grips accommodate a wide range of users and allow exercise variation
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

82" L x 53" W x 57" H / 208 cm x 135 cm x 145 cm

Product Weight

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	501 lbs / 227 kg	581 lbs / 264 kg



Low Back/Abdominal



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FS-57 LOW BACK/ABDOMINAL

Key Features:

- 5-position range of motion adjustment allows users to easily change between Low Back and Abdominal exercises
- Dual, non-slip foot positions accommodate a wide range of users while providing support during exercise
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

44" L x 49" W x 57" H / 112 cm x 125 cm x 145 cm

Product Weight

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	443 lbs / 201 kg	523 lbs / 237 kg



Inner/Outer Thigh



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FS-52 INNER/OUTER THIGH

Key Features:

- Swiveling thigh pads are easily accessible from the seated-position and accommodate both Inner and Outer Thigh exercises
- Contoured back pad, ergonomically-positioned handles, and rubber coated foot placement posts provide support and encourage proper alignment during exercise
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

61" L x 57" W x 65" H / 155 cm x 145 cm x 165 cm

Product Weight

Weight Stack Options 170 lbs / 77 kg
Machine Weight 480 lbs / 218 kg



Low Back/Abdominal



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FS-57 LOW BACK/ABDOMINAL

Key Features:

- 5-position range of motion adjustment allows users to easily change between Low Back and Abdominal exercises
- Dual, non-slip foot positions accommodate a wide range of users while providing support during exercise
- Large, easy-to-read instruction labels with QR codes linked to online instructional videos

Product Dimensions

44" L x 49" W x 57" H / 112 cm x 125 cm x 145 cm

Product Weight

Weight Stack Options	170 lbs / 77 kg	250 lbs / 113 kg
Machine Weight	443 lbs / 201 kg	523 lbs / 237 kg