



THROWDOWN FREE WEIGHTS

Throwdown[®] creates opportunities to push boundaries, enabling everyone to reach their peak performance by creating flexible and challenging exercise environments. Our diverse offerings make it easy for trainers and members to mix it up.

Throwdown offers a wide variety of products to ensure you have everything you need to fully outfit your free weight area. Every product meets our high-quality standard and is made with premium hard-wearing materials.

PRODUCT CUSTOMIZATION

We know what it takes to build an authentic, meaningful brand experience. Our customization program is the perfect way to leverage your personal brand and make a strong first impression. Get Throwdown Free Weights in a variety of custom color options and add your logo.



PERFECT PARTNERSHIP

Throwdown Free Weights pair perfectly with Nautilus Strength products allowing you to get everything in one place. You can even find free weight sets crafted specifically for popular Nautilus Benches & Racks, Leverage and Plate Loaded products.





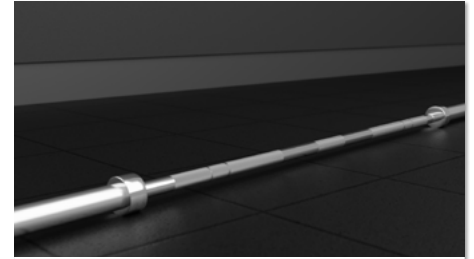
URETHANE DUMBBELLS

- Solid steel heads
- Premium hard-wearing urethane coating
- Stainless steel ring at joint
- Stainless steel grips (5-20 lb are 29 mm, 25-125 lb are 35 mm diameter grips.)
- Head Diameter (5-15 lb are 126mm, 20-30 lb are 155mm, 35-125 lb are 205mm)



URETHANE BUMPER PLATES

- Precision casting
- Large hard chrome plated hubs
- Premium hard-wearing urethane coating
- Beveled edges for easy pickup
- Bumper discs have 17.7" (450mm) outer diameter for 25-45 lb (IWF standards)



OLYMPIC BAR

- Fits standard Olympic size discs
- Premium hard chrome coated 17.5" sleeves
- Needle bearings for smooth and even rotation during lifts
- Capped ends for reduced maintenance
- 2000lb load capacity
- 32mm, 20kg Power Lift Bar
- 28mm, 20kg Olympic Lift Bar



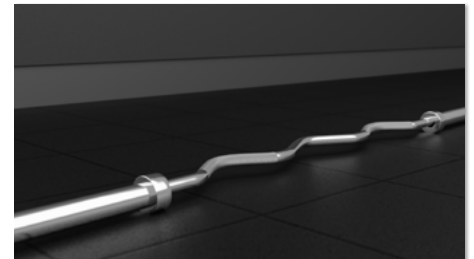
BEAUTY BELLS

- Straight knurled handles
- Chrome finish
- Stamped weight increments



STRAIGHT BARBELLS

- Solid steel heads
- Premium hard-wearing urethane coating
- 10 lb increments
- Stainless steel ring at joint
- Ultra-durable hard chrome plated grips in 32 mm (20-50 lb) and 34 mm (60-110 lb) diameter grips



EZ CURL BAR

- Fits standard Olympic size discs
- Hard Chrome Coating
- Capped ends for reduced maintenance
- 30mm diameter



URETHANE OLYMPIC PLATES

- Solid stainless steel insert
- Precision casting
- Premium hard-wearing urethane coating



EZ CURL BARBELLS

- Solid steel heads
- Premium hard-wearing urethane coating
- 10 lb increments
- Stainless steel ring at joint
- Ultra-durable hard chrome plated grips in 32 mm (20-50 lb) and 34 mm (60-110 lb) diameter grips



HEX TRAP BAR

- Fits standard Olympic size discs
- Hard Chrome Coating
- Capped ends for reduced maintenance
- 32mm grip diameter

FREE WEIGHT SKUS - KG

URETHANE DUMBBELL - SETS													
2.5 - 12.5 kg Set	WT	2.5 kg	5 kg	7.5 kg	10 kg	12.5 kg	40 - 50 kg Set	WT	40 kg	42.5 kg	45 kg	47.5	50 kg
9-SMKG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-XLKG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
15 - 25 kg Set	WT	15 kg	17.5 kg	20 kg	22.4 kg	25 kg	1 - 5 kg Set	WT	1 kg	2 kg	3 kg	4 kg	5 kg
9-MDKG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-S2KG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
27.5 - 37.5 Set	WT	27.5 kg	30 kg	32.5 kg	35 kg	37.5 kg	6 - 10 kg Set	WT	6 kg	7 kg	8 kg	9 kg	10 kg
9-LGKG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-M2KG-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
2.5 - 50kg Club Set (4 Sets)	9-UDC2-CLUBKG-60THD												

STRAIGHT BARBELL SET											
Straight Barbell Set	WT	10 kg	12.5 kg	15 kg	17.5 kg	20 kg	25 kg	30 kg	35 kg	40 kg	45 kg
9-UBS2-CLUBKG-60THD	QTY	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each

EZ CURL BARBELL SET											
EZ Curl Barbell Set	WT	10 kg	12.5 kg	15 kg	17.5 kg	20 kg	25 kg	30 kg	35 kg	40 kg	45 kg
9-UBC2-CLUBKG-60THD	QTY	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each

BEAUTY BELL SET											
Beauty Bell Set	WT	1 kg	2 kg	3 kg	4 kg	5 kg	6 kg	7 kg	8 kg	9 kg	10 kg
9-CDF2KG	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	1 pair	1 pair	1 pair	2 pair	2 pair

URETHANE OLYMPIC PLATE - SETS								
200 kg Set	WT	1.25 kg	2.5 kg	5 kg	10 kg	15 kg	20 kg	25 kg
9-UPR2-200KG-60THD	QTY	8 each	4 each	4 each	4 each	2 each	2 each	2 each
100kg Add-on Set	WT	2.5 kg	10 kg	15 kg	20 kg			
9-UPR2-SMKTKG-60THD	QTY	4 each	2 each	2 each	2 each			
200kg Add-on Set	WT	2.5 kg	15 kg	20 kg	25 kg			
9-UPR2-MDKTKG-60THD	QTY	4 each	4 each	4 each	2 each			
300kg Add-on Set	WT	5 kg	15 kg	20 kg	25 kg			
9-UPR2-LGKTKG-60THD	QTY	4 each	4 each	6 each	4 each			
300kg Set	WT	1.25 kg	2.5 kg	5 kg	10 kg	15 kg	20 kg	25 kg
9-UPR2-300KG-60THD	QTY	8 each	8 each	4 each	6 each	4 each	4 each	2 each
400kg Set	WT	1.25 kg	2.5 kg	5 kg	10 kg	15 kg	20 kg	25 kg
9-UPR2-400KG-60THD	QTY	8 each	8 each	4 each	4 each	6 each	6 each	4 each
1000kg Set	WT	1.25 kg	2.5 kg	5 kg	10 kg	15 kg	20 kg	25 kg
9-UPR2-1000KG-60THD	QTY	16 each	16 each	16 each	10 each	10 each	16 each	10 each

URETHANE DUMBBELLS - SINGLE		
UDC2-52.5KG-60THD	WT	52.5 kg
UDC2-55KG-60THD	WT	55 kg
UDC2-57.5KG-60THD	WT	57.5 kg
UDC2-60KG-60THD	WT	60 kg
UDC2-62.5KG-60THD	WT	62.5 kg
UDC2-65KG-60THD	WT	65 kg
UDC2-67.5KG-60THD	WT	67.5 kg
UDC2-70KG-60THD	WT	70 kg
UDC2-72.5KG-60THD	WT	72.5 kg
UDC2-75KG-60THD	WT	75 kg

URETHANE OLYMPIC PLATES - SINGLE		
UPR2-1.25KG-60THD	WT	1.25 kg
UPR2-2.5KG-60THD	WT	2.5 kg
UPR2-05KG-60THD	WT	5 kg
UPR2-10KG-60THD	WT	10 kg
UPR2-15KG-60THD	WT	15 kg
UPR2-20KG-60THD	WT	20 kg
UPR2-25KG-60THD	WT	25 kg

URETHANE BUMPER PLATE - SETS						
Standard Set	WT	5 kg	10 kg	15 kg	20 kg	25 kg
9-UBP2-SETKG-THD	QTY	2 each	2 each	2 each	2 each	2 each
50kg Add-on Set	WT	5 kg	10 kg			
9-UBP2-SMKTKG-THD	QTY	2 each	4 each			
Glute Drive Set	WT	5 kg	10 kg	20 kg		
9-UBP2-GLTKG-THD	QTY	2 each	2 each	2 each		
500kg Set	WT	5 kg	10 kg	15 kg	20 kg	25 kg
9-UBP2-500KG-THD	QTY	8 each	10 each	6 each	6 each	6 each

URETHANE BUMPER PLATES - SINGLE		
UBP2-05KG-THD	WT	5 kg
UBP2-10KG-THD	WT	10 kg
UBP2-15KG-THD	WT	15 kg
UBP2-20KG-THD	WT	20 kg
UBP2-25KG-THD	WT	25 kg

FREE WEIGHT SKUS - LB

URETHANE DUMBBELL - SETS													
5 - 25 lb Set	WT	5 lb	10 lb	15 lb	20 lb	25 lb	80 - 100 lb Set	WT	80 lb	85 lb	90 lb	95 lb	100 lb
9-SMLB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-XLLB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
30 - 50 lb Set	WT	30 lb	35 lb	40 lb	45 lb	50 lb	7.5 - 27.5 lb Set	WT	7.5 lb	12.5 lb	17.5 lb	22.5 lb	27.5 lb
9-MDLB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-S2LB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
55 - 75 lb Set	WT	55 lb	60 lb	65 lb	70 lb	75 lb	32.5 - 52.5 lb Set	WT	32.5 lb	37.5 lb	42.5 lb	47.5 lb	52.5 lb
9-LGLB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair	9-M2LB-60THD	QTY	1 pair	1 pair	1 pair	1 pair	1 pair
5 - 100 lb Club Set (4 Sets)	9-UDC2-CLUBLB-60THD												

STRAIGHT BARBELL SET											
Straight Barbell Set	WT	20 lb	30 lb	40 lb	50 lb	60 lb	70 lb	80 lb	90 lb	100 lb	110 lb
9-UBS2-CLUBLB-60THD	QTY	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each

EZ CURL BARBELL SET											
EZ Curl Barbell Set	WT	20 lb	30 lb	40 lb	50 lb	60 lb	70 lb	80 lb	90 lb	100 lb	110 lb
9-UBC2-CLUBLB-60THD	QTY	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each	1 each

BEAUTY BELL SET						
Beauty Bell Set	WT	5 lb	8 lb	10 lb	12 lb	15 lb
9-CDF2LB	QTY	3 pair	3 pair	2 pair	2 pair	2 pair

URETHANE OLYMPIC PLATE - SETS							
Benches & Racks Set	WT	2.5 lb	5 lb	10 lb	25 lb	35 lb	45 lb
9-UPR2-BRCLB-60THD	QTY	2 each	2 each	4 each	4 each	2 each	6 each
Leverage Set	WT	10 lb	25 lb	45 lb			
9-UPR2-LVRLB-60THD	QTY	2 each	4 each	4 each			
Weight Tree Add-on Set	WT	2.5 lb	5 lb	35 lb			
9-UPR2-SMLB-60THD	QTY	2 each	2 each	2 each			
4-Sided Weight Tree Set	WT	2.5 lb	5 lb	10 lb	25 lb	35 lb	45 lb
9-UPR2-4WTLB-60THD	QTY	4 each	4 each	4 each	4 each	4 each	6 each

URETHANE OLYMPIC PLATES - SINGLE		
UPR2-2.5LB-60THD	WT	2.5 lb
UPR2-05LB-60THD	WT	5 lb
UPR2-10LB-60THD	WT	10 lb
UPR2-25LB-60THD	WT	25 lb
UPR2-35LB-60THD	WT	35 lb
UPR2-45LB-60THD	WT	45 lb

URETHANE BUMPER PLATE - SETS					
Platform Set	WT	10 lb	25 lb	35 lb	45 lb
9-UBP2-PLTLB-THD	QTY	2 each	2 each	2 each	2 each
Glute Drive Set	WT	10 lb	25 lb	45 lb	
9-UBP2-GLTLB-THD	QTY	4 each	2 each	4 each	

URETHANE BUMPER PLATES - SINGLE		
UBP2-10LB-THD	WT	10 lb
UBP2-25LB-THD	WT	25 lb
UBP2-35LB-THD	WT	35 lb
UBP2-45LB-THD	WT	45 lb

BAR PRODUCT SKUS		
Hard Chrome Power Lift Bar	HCOB-3025	7', 32mm
Hard Chrome Olympic Bar	HCOB-2979	7', 28mm
Hard Chrome EZ Curl Bar	HCOB-2966	48", 30mm
Hard Chrome Hex Trap Bar	PBHC-2936	56", 32mm

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

